

**Date: 10 November 2020**

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**Partner update – Public Health**

The Argyll and Bute Public Health team is pleased to report on the wide range of work carried out by the team in 2019/2020. The recently published annual report covers progress made up to the end of March 2020, and can be accessed on the Healthy Argyll and Bute website here: <http://healthyargyllandbute.co.uk/public-health-team-annual-report-2019-2020/>.

Some of the highlights of the previous year include:

- The launch of the Living Well Strategy (2019-2024) and associated implementation plan, which incorporates work relating to physical activity, self management, type 2 diabetes, link working, emotional wellbeing, suicide prevention, workforce development, and tobacco. In addition, the launch of Living Well Self Management Grants, with £70,000 allocated to 7 projects.
- A review of the existing Health and Wellbeing Network structure for effectiveness and public awareness. These have now been rebranded as Living Well Networks and continue to operate to build health and wellbeing capacity within the community. Last year, the networks allocated grants under the priorities of self management and increasing physical activity.
- Progress on Trauma Informed Practice through Adverse Childhood Experiences (ACEs) events and commissioning of Cool2Talk.
- Development of new model for Smoking Cessation 'Quit Your Way' service.
- Delivery of Primary 7 and S3 Health Dramas, with 16 shows delivered.
- Capacity building and up-skilling of the workforce and partners through Days and training, such as the launch of NHS Education for Scotland MAP of Health Behaviour Change training.
- Commissioning sexual health services and delivering sexual health CPD/training events.
- Contributing to Argyll & Bute's Joint Strategic Needs Assessment (JSNA), Adults 2019
- Engagement with communities and stakeholders, and facilitation of 7 Community Conversation Cafes to support Locality Planning Groups.
- Reduction of alcohol and drug related harm is specifically dealt with by the Argyll and Bute Alcohol and Drug Partnership (ADP), and the wealth of work undertaken by the ADP team is also included within the report.

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